

# Training & Events

## September - November 2012

September

October

Training/Event	Date	Time	Venue	Cost
<b>County Volunteering Network Meeting</b> A meeting for specifically for Volunteer Managers to provide them with the opportunity to network, share expertise and information and receive support	Wed 19 Sept	10am - 12pm	Penrith Rugby Club Winters Park Penrith CA11 8RG	Free
<b>Writing Quality Funding Applications</b> A detailed look at the key elements of quality funding applications	Thurs 27 Sept	10am - 4pm	Shaddon Gateway Centre Shaddongate Carlisle CA2 5TR	£60 pp (third sector) £100 pp (statutory)
<b>Leading Through Change</b> A workshop to help explore issues relating to change and look at how to manage change effectively	Mon 1 Oct	9.30am - 12.30pm	Penrith Rugby Club Winters Park Penrith CA11 8RG	£30 pp (third sector) £50 pp (statutory)
<b>Social Media</b> An interactive training course to explore the world of social media and learn how to use it effectively	Thurs 4 Oct	9.30am - 4.30pm	Upperby Community Development Centre Upperby Primary School Uldale Road Carlisle CA2 4JT	£60 pp (third sector) £100 pp (statutory)
<b>Cumbria CVS AGM</b> A Time for Change	Thurs 11 Oct	9.30am - 12.30pm	Carlisle Racecourse Durdar Road Carlisle CA2 4TS	Free
<b>Social Media</b> An interactive training course to explore the world of social media and learn how to use it effectively	Wed 24 Oct	9.30am - 4.30pm	Lakes College West Cumbria Hallwood Road Workington CA14 4JN	£60 pp (third sector) £100 pp (statutory)
<b>Coaching &amp; Mentoring</b> <b>How to perform well when everything is changing</b> In partnership with the Chartered Management Institute, this introductory session is for people with leadership, managerial and/or supervisory responsibilities	Mon 29 Oct	9.30am - 12.30pm	Penrith Parish Centre St Andrews Place Penrith CA11 7XX	£30 pp (third sector) £50 pp (statutory)

# Training & Events

## September - November 2012

November

Training/Event	Date	Time	Venue	Cost
<b>Turn Your Organisation into a Volunteer Magnet</b> World class training provided by Rob Jackson Consulting. This interactive training will give an in depth look at how to effectively attract volunteers, how to avoid repelling volunteers and how to keep volunteers. This is a must for any organisation looking to recruit volunteers or looking to keep their volunteers	Thurs 15 Nov	10am - 4pm	Cumbria Rural Enterprise Agency Redhills Penrith CA11 0DT	£99 pp (third sector)
<b>South Funding Fair</b> Funding advice and information, meet the funders, training workshops and more!	Wed 21 Nov	9.15am - 3.30pm	Forum 28 Duke Street Barrow LA14 1HH	£20 per delegate

### To book or for more information

contact Cumbria CVS on 01768 800350 or email [training@cumbriacvs.org.uk](mailto:training@cumbriacvs.org.uk)

For full details on all our training, including volunteer training, and our cancellation policy  
[www.cumbriacvs.org.uk](http://www.cumbriacvs.org.uk)

### Bespoke Training - tailored courses, affordable prices

At Cumbria CVS, we know that everyone's training needs are different. Tell us what YOU want and our trainers will work with you to develop and deliver specialised learning for your staff and volunteers.

Contact Mark Costello on 01768 800350 or email [markc@cumbriacvs.org.uk](mailto:markc@cumbriacvs.org.uk)