

Coaching and Mentoring

How to perform well when everything is changing

Monday 29 October 2012

**Penrith Parish Centre
St Andrews Place, Penrith CA11 7XX**

9.30am – 12.30pm (coffee and registration at 9.15am)

Delivered in partnership with the Chartered Management Institute, this introductory session will look at:

- What is Coaching and what is Mentoring - similarities and differences
- Benefits of a Coaching / Mentoring culture in your organisation
- How you might introduce Coaching to your organisation's leaders
- Essential steps to ensure Coaching will work in your organisation

Free for CMI members (membership number required when booking)
£30 third sector organisations; **£50** statutory organisations

**To book email training@cumbriacvs.org.uk or
call 01768 800350 NOW!**

Please book by 15 October 2012

Please note: cancellations must be made at least 2 weeks before the course date or full payment will be due.

For full details of our cancellation policy, visit: www.cumbriacvs.org.uk